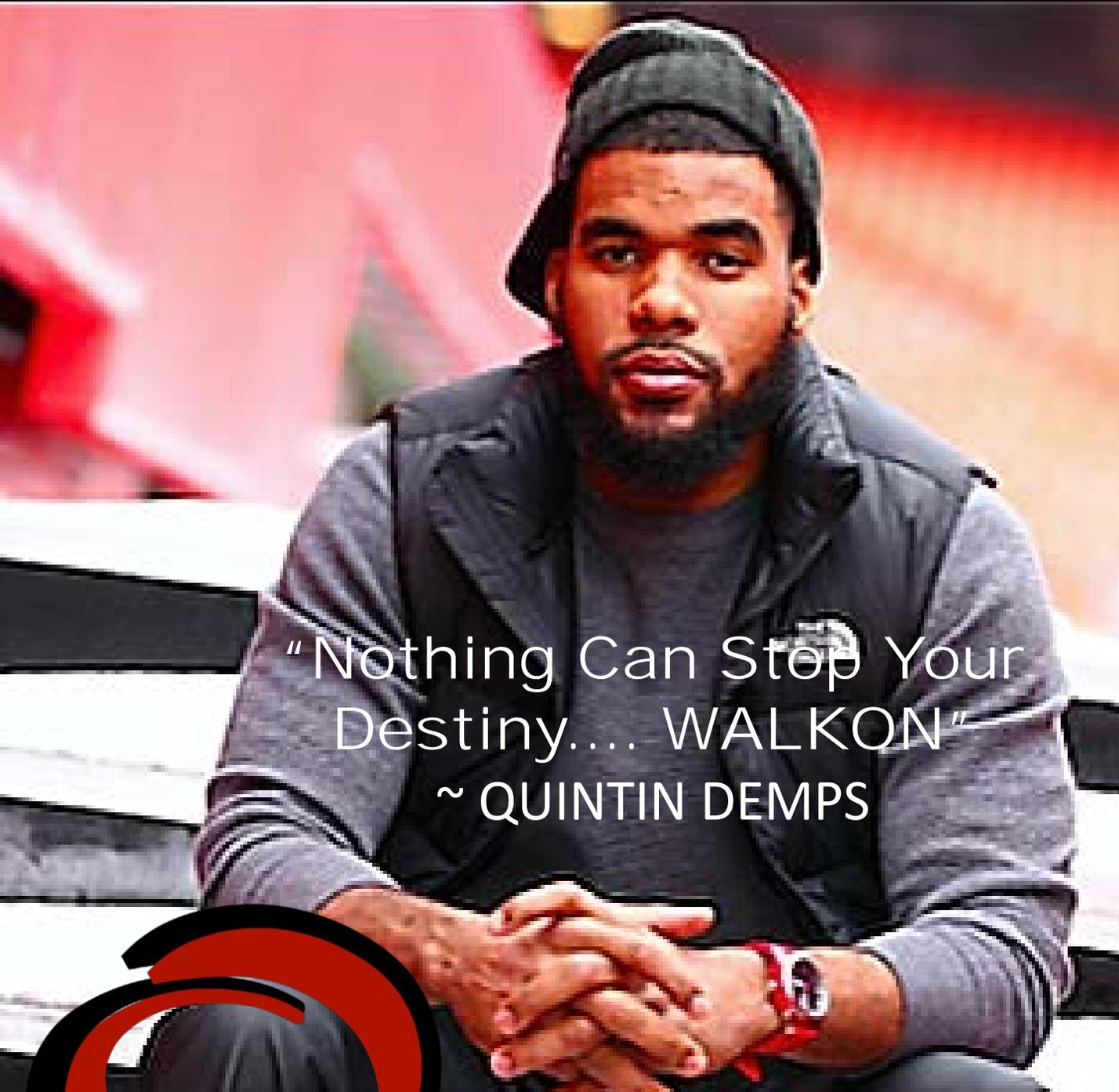


# QUINTIN DEMPS

Entrepreneur | Public Speaker | NFL Athlete



"Nothing Can Stop Your  
Destiny.... WALKON"

~ QUINTIN DEMPS



**2016 MEDIA KIT**

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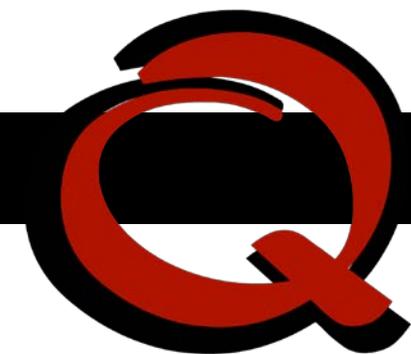


**Quintin Demps** is a professional athlete, entrepreneur, motivational speaker and mentor who has dedicated his life to inspiring greatness in others. He has mastered the physical and mental aspects of daily life, which have earned him a successful NFL career, a college degree, and fulfilling family life: gifts which continue to inspire him in his journey to help others achieve their own dreams.

Passionate about telling his story, Quintin uses his own experiences to illustrate how it is possible to find and step into your life's purpose. He interfaces effortlessly with individuals of all ages, ethnicities, and backgrounds and his ultimate goal is to help people find the will to dominate their lives and discover who they are meant to be.

In addition to the demands of being professional athlete, he hosts an annual free football camp for youths (grades 7<sup>th</sup> to 12) in his hometown of San Antonio, Texas. Along with athletic conditioning and high intensity training, participants benefit from his winning philosophy and learn that anything is possible given the right mindset. This type of attitude can benefit anyone, whether in daily life or competition, and this is just one of the many ways in which Quintin gives back to his community.

As a speaker, Quintin offers motivational presentations using anecdotal evidence and personal experience. He offers techniques that support the balance of the physical, mental, and emotional aspects of daily life, bringing it all together into an empowering, actionable format.



**ABOUT QUINTIN**

# QUINTIN DEMPS

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- ✓ High School & College Athletic Programs
- ✓ High School & College Campus Visits
- ✓ Christian Athletes
- ✓ Business Seminars
- ✓ Breakout Sessions
- ✓ Radio Guest
- ✓ Press Interviews

## MOTIVATIONAL SPEAKER

In addition to being a professional athlete and entrepreneur, Quintin is a sought-after motivational speaker and youth mentor. Quintin incorporates his own passion to connect and encourage his audience through a powerful and straight forward approach.

Quintin trusts that regardless of what life may bring (the good, the bad, the ugly or the beautiful), if you are blessed with one more day, another open door at life, that should be all the motivation to fight the good fight. His motto "...WALKON" can apply to any aspect of ones life.

[>>> Book Quintin](#)



**MOTIVATIONAL SPEAKER**

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## DOMINATE YOUR MIND

### High Intensity Kids Camp



[2016 DOMINATE YOUR MIND  
Sponsorship Information](#)

[Camp Registration](#)

[2016 Press Announcement](#)

[Website & Photo Gallery](#)

#### ABOUT CAMP

The best way to learn football is to learn from the best. For his second year in a row, Quintin Demps will host his **Annual Dominate Your Mind Free High Intensity Football Camp** on Saturday, June 4th at Blossom Athletic Center - West Soccer Field Stadium in San Antonio, Texas. Joining Quintin will be some of his NFL teammates and coaches, all donating their time to teach the San Antonio youth grades 7th-12th.

**FREE:** High Intensity Youth Football Camp

**AGE RANGE:** Grades 7th - 12th

**INSTRUCTION / INTERACTION:** From Quintin Demps and Other NFL Teammates and Athletes

**CAMP DATE:** June 4, 2016

**CAMP LOCATION:** West Soccer Field  
Blossom Athletic Center, San Antonio, TX

**CAMPERS WILL RECEIVE:** FREE Camp T-shirt, Lunch, Camp Souvenir and Autographs

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## Who was the biggest influence in your youth?

**Quintin:** My biggest influence as a kid was my mother. She gave birth to me at 14 years old, and with no help from my biological father she always did what she had to do to provide. Watching her struggle while working three jobs to make ends meet was great motivation for me. She was a disciplinarian too. I was on my way to being another statistic of the fatherless child raised by a teenage mother, but she kept the belt to my butt and made sure I was on the correct path. She was by far my biggest influence, without her there would be no "Quintin Demps."

## Did you participate in any other sports in High School?

**Quintin:** I played football, basketball, and ran track in High School.

## What motivated you to become an NFL football player?

**Quintin:** Sports has always been an outlet for me. Being a professional athlete was a dream of mine since the age of 4. My mother always said, "I came out of the womb an athlete." I loved all sports, especially basketball. I began to fall in love with football around the 10th grade when I broke the starting varsity lineup. Basketball was my first love but scoring touchdowns became much more exciting than scoring buckets.

## Most influential moment(s) in your life?

**Quintin:** There have been so many influential moments in my life that I could write a book! One of the most influential times was when I had my first son, Sir Kyrin Demps, in 2005. Becoming a father was a turning point for me because life was no longer just about me. When life is no longer all about you it adds a different level of motivation to your work ethic and purpose.

## What is your biggest accomplishment?

**Quintin:** My biggest accomplishment is earning my college degree. Most would assume that making it to the NFL would be my answer. Making it to the NFL is no doubt a huge accomplishment, but I can't run a 40 yard dash in 4.3 seconds forever. People or an injury can take the game of football away from me at any moment, but my college degree can never be taken away from me.

## Who is the hardest player in the NFL to defend against?

**Quintin:** The hardest player in the NFL to defend changes every year. For a while it was Detroit Lions wide receiver, Calvin Johnson. Arizona Cardinals wide receiver, Larry Fitzgerald for sure and most recently I would say New England Patriots tight end, Rob Gronk.

## Is there one player you emulate your game after?

**Quintin:** I like to take a little bit from a lot of other safeties that I have played with. I try to play with Brian Dawkins' passion, the consistency of Quinten Mikell and Glover Quin. I try to take what I've learned from them and add it to my strengths.



OFF THE FIELD Q&A

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**Quintin Demps** has been profiled in news articles, blogs, radio and television interviews. Click on the images for more information.

[>>> Interview Quintin](#)

**NEWS & PRESS**



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## CONTACT QUINTIN

### Website & Professional Links

[QuintinDemps.com](http://QuintinDemps.com)

[LinkedIn Profile](#)

[Dominate Your Mind Kids Camp](#)

[Photo Gallery](#)

[PR Contact: Jenn@SportsLinkMarketing.com](mailto:Jenn@SportsLinkMarketing.com)

## Follow Quintin

### Social Media Profiles

[Twitter QDemps](#)

[Facebook QDemps](#)